



JERAI STRONGMAN 2022



CLASS: WOMEN/ U65KG

28th,29th,30th OCT 2022

IHFF SHERU CLASSIC

EVENT 1: TYRE DEADLIFT				EVENT 2: LOGLIFT			EVENT 3: FRONT HOLD			F I N A L	
Competitor Name	P O S T N	P N T S	P O S T N	P N T S	T O T A L	P O S T N	P N T S	T O T A L			
1	Asma	3	4	4	0	4	2	4	8	8	3rd
2	Shallu	1	7	1	5	12	1	5	17	17	1st
3	Pednekr	3	4	3	-	4	-	-	4	4	
4	Purvi khandewal	7	1	7	-	1	-	-	1	1	
5	Archna chauhan	2	6	2	4	10	3	3	13	13	2nd
6	Yashvanta	3	4	5	-	4	5	1	5	5	
7	Rohini	3	4	6	-	4	4	2	6	6	

1	SHALLU	17
2	ARCHNA CHAUHAN	13
3	ASMA	8



JERAI STRONGMAN 2022



CLASS: WOMEN/OPEN

28th,29th,30th OCT 2022

IHFF SHERU CLASSIC

		EVENT 1: TYRE DEADLIFT		EVENT 2: LOGLIFT			EVENT 3: FRONT HOLD				
	Competitor Name	P O S T N	P N T S	P O S T N	P N T S	T O T A L	P O S T N	P N T S	T O T A L	F I N A L	
1	Monika sonkar	2	9	2	9	18	2	9	27	27	2nd
2	Pooja	1	10	1	10	20	1	10	30	30	1st

1	Pooja	30
2	Monika sonkar	27



JERAI STRONGMAN 2022



CLASS: MEN/ U95KG

28th,29th,30th OCT 2022

IHFF SHERU CLASSIC

	Competitor Name	EVENT 1:TYRE DEADLIFT			EVENT 2: LOGLIFT			EVENT 3: FRONT HOLD			F I N A L	
		P O S T N	P N T S	T O T A L	P O S T N	P N T S	T O T A L	P O S T N	P N T S	T O T A L		
1	Aakash singh	7	17	20	7	3	10	13	2	15	22	
2	Akshay kalidar	13	11	24	8	3	11	12	3	15	17	
3	Akash singh	13	11	24	9	3	12		-	-	14	
4	Arif siddique	11	13	24	-	-	-		-	-	13	
5	Haider saiyed	20	0	20	-	-	-		-	-	0	
6	Harshit pujari	2	22	24	3	10	13	14	1	15	33	
7	Jaswinder singh	2	22	24	2	13	15	2	13	15	48	2nd
8	Lokesh varadekhar	21	0	21	-	-	-		-	-	0	
9	Pradeep soni	8	16	24	-	-	-	4	11	15	27	
10	Mohit	5	19	24	6	6	12	9	6	15	31	
11	Sharad nair	16	8	24	6	6	12	8	7	15	21	
12	Suresh yadav	5	19	24	2	13	15	11	4	15	36	
13	Rahul sharma	8	16	24	5	8	13	5	10	15	34	
14	Rahul singh	16	8	24	5	8	13	6	9	15	25	
15	Suraj prajapati	18	6	24	6	6	12	10	5	15	17	
16	Deepak thakur	1	23	24	1	14	15	1	14	15	51	1st
17	Afsar ahmed	2	22	24	4	9	13	7	8	15	39	
18	Ashfak sheikh	15	9	24	-	-	-		-	-	9	
19	Mohmd. Bilal	22	0	22	-	-	-		-	-	0	
20	Mohmd sohail	19	5	24	-	-	-		-	-	5	
21	Shaikh armaan	11	13	24	-	-	-		-	-	13	
22	Suraj yadav	23	0	23	-	-	-		-	-	0	
23	Ravi ranjan	10	14	24	2	13	15	3	12	15	39	3rd

1	Deepak Thakur	51
2	Jaswinder singh	48
3	Ravi ranjan	39



JERAI STRONGMAN 2022



CLASS: MEN/ U110KG

28th,29th,30th OCT 2022

IHFF SHERU CLASSIC

	Competitor Name	EVENT 1: TYRE DEADLIFT		EVENT 2: LOGLIFT			EVENT 3: FRONT HOLD			T I E P T S	F I N A L	
		P O S T N	P N T S	P O S T N	P N T S	T O T A L	P O S T N	P N T S	T O T A L			
1	Ishaan joshi	3	4	4	2	6	4	1	7		7	
2	Yteesh katoch	1	8	1	5	13	3	2	15	2	17	1st
3	Lekh raj	1	8	3	3	11	1	4	15	1	16	2nd
4	Zeeshan shaikh	5	2	5	0	2		-	2		2	
5	Anirudh	3	0		-	-		-	0		0	
6	Natik kakkar	2	5		-	-		-	5		5	
7	Vaibhav puri	4	3	6	-	4		-	4		4	
8	Shashank panwar	1	8	2	4	12	2	3	15		15	3rd

1	Yateesh katoch	17
2	Lekh raj	16
3	Shashank panwar	15



JERAI STRONGMAN 2022



CLASS: MEN/ OPEN

28th,29th,30th OCT 2022

IHFF SHERU CLASSIC

	Competitor Name	EVENT 1: TYRE DEADLIFT		EVENT 2: LOGLIFT			EVENT 3: FRONT HOLD			F I N A L	
		P O S T I N	P N T S	P O S T I N	P N T S	T O T A L	P O S T I N	P N T S	T O T A L		
1	Subhramanyum	2	9	2	9	18	2	9	27	27	2nd
2	Lalit yadav	1	10	1	10	20	1	10	30	30	1st

1	Lalit yadav	30
2	Subhramanyum	27